2026 Block of the Month Pattern

STARDUST

BLOCK 1: JANUARY

Unfinished Block: 12½" x 12½" | Finished Block: 12" x 12"

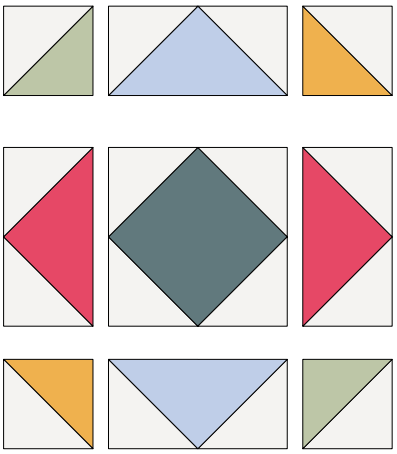
MATERIALS

- Standard Sewing Supplies
- Fabric A
  - (2) 4" squares
  - (2) 3⅞" squares
  - (8) 3½" squares
- Fabric B
  - (2) 3½" x 6½" rectangles
- Fabric C
  - (2) 3½" x 6½" rectangles
- Fabric D
  - (1) 4" square
- Fabric F
  - (1) 4" square
- Fabric G
  - (1) 4¾" square

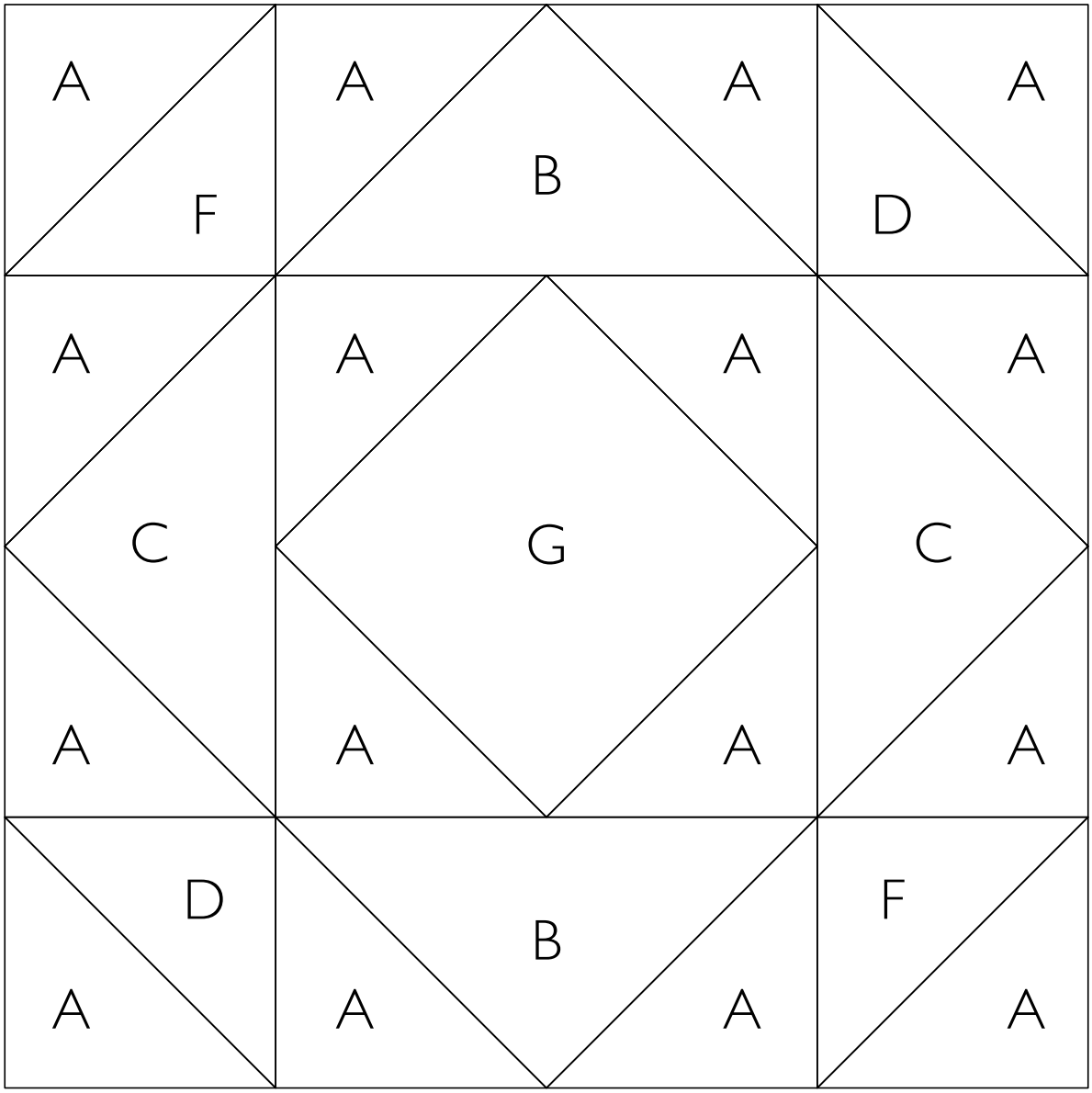
CREATE JANUARY BLOCK

***Refer to the HST and Flying Geese instructions in the "Getting Started" pdf as needed.*

1. Use (1) 4" Fabric D and (1) 4" Fabric A square to create (2) A/D HSTs.
2. Use (1) 4" Fabric F and (1) 4" Fabric A square to create (2) A/F HSTs.
3. Trim HSTs to 3½" square and set aside until step 10.
4. Use (2) 3½" x 6½" Fabric B rectangles and (4) 3½" Fabric A squares to create (2) A/B flying geese units.
5. Use (2) 3½" x 6½" Fabric C rectangles and (4) 3½" Fabric A squares to create (2) A/C flying geese units.
6. If needed, trim flying geese to 3½" x 6½" and set aside until step 10.
7. Cut (2) 3⅞" Fabric A squares in half along one diagonal to create (4) triangles.
8. Sew a Fabric A triangle to each side of the 4¾" Fabric G square.
9. If needed, trim the square-in-a-square unit to 6½" square.



10. Arrange HSTs, flying geese, and square-in-a-square unit as shown. Note the location and orientation of HSTs and flying geese. Sew units into rows, then sew rows together to complete the 12½" square block. Press all seams open.

Share your finished block with us in the Quilting to Mend the Mind Facebook group!

BLOCK COLORING PAGE