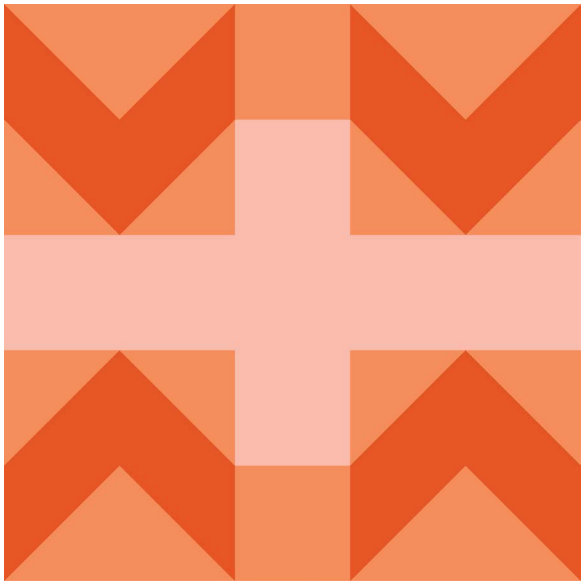
2024 Block of the Month Pattern

CHARMWOOD

BLOCK 9: SEPTEMBER



Unfinished Block: 10½" x 10½" | Finished Block: 10" x 10"

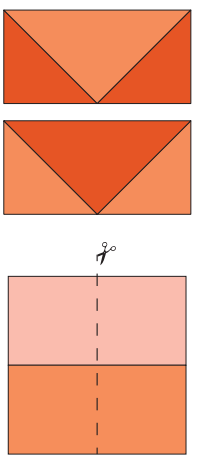
MATERIALS

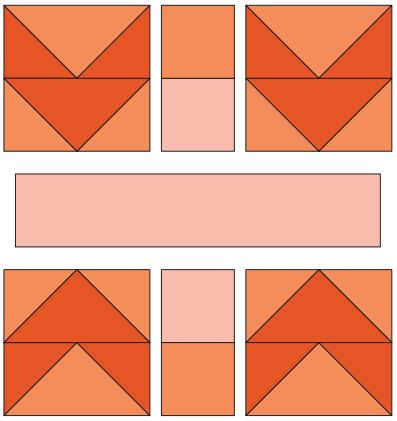
- Standard Sewing Supplies
- Fabric B
  - (1) 2½" x 5" rectangle
  - (1) 2½" x 10½" rectangle
- Fabric C
  - (1) 2½" x 5" rectangle
  - (1) 5¼" square
  - (4) 3" squares
- Fabric D
  - (1) 5¼" square
  - (4) 3" squares

CREATE SEPTEMBER BLOCK

***Refer to the "4-at-a-time Flying Geese" instructions as needed.*

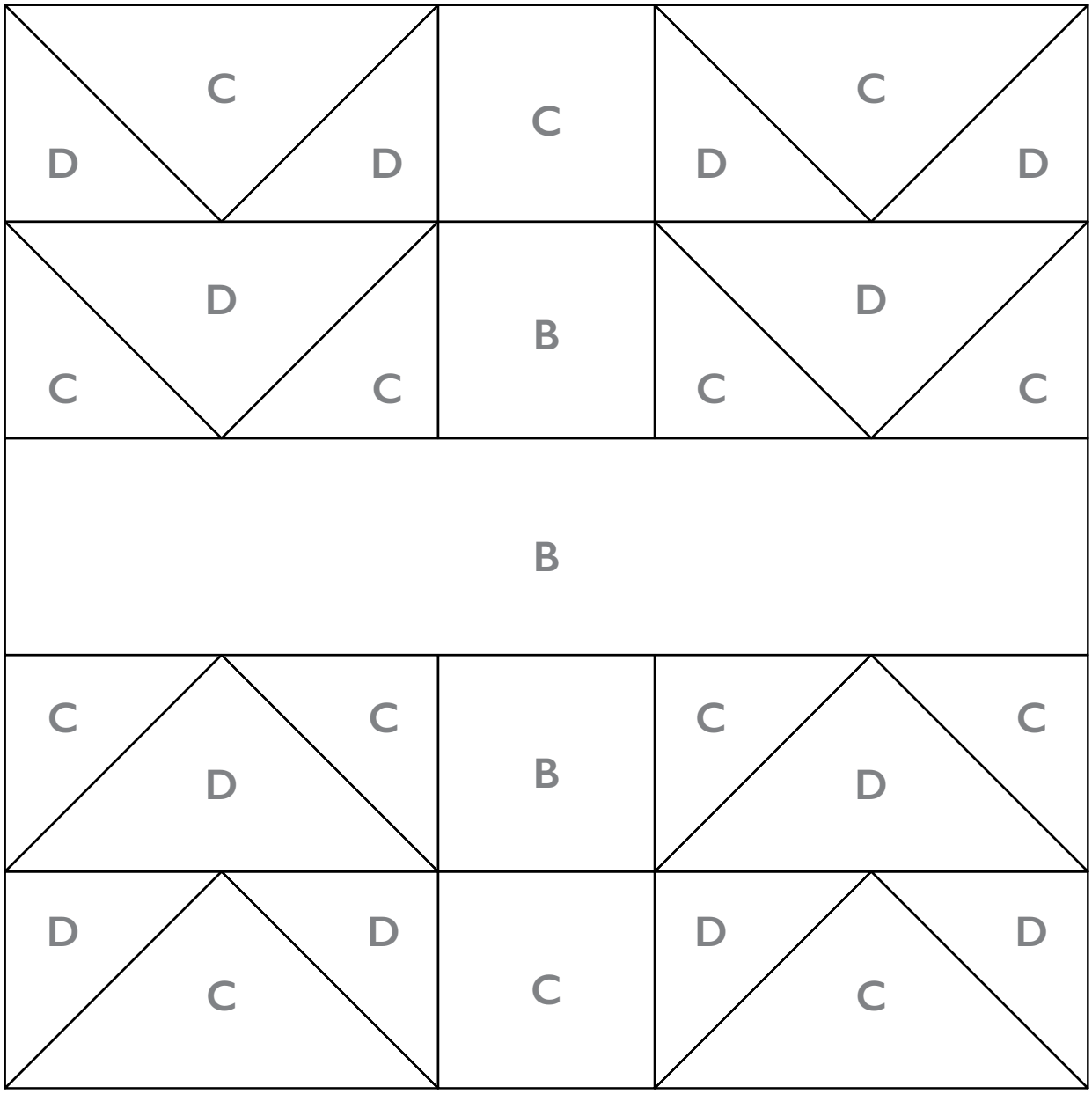
1. Use the 5¼" Fabric C square and (4) 3" Fabric D squares to make (4) C/D Flying Geese units. Trim Flying Geese to 2½" x 4½".
2. Repeat steps 1-2 with the 5¼" Fabric D square and (4) 3" Fabric C squares to make (4) D/C Flying Geese units.
3. Sew (1) C/D Flying Geese unit to the top of (1) D/C Flying Geese unit, with center triangles pointing down. Double check the arrangement; when sewn together, Fabric D will create a chevron shape pointing down. Press seam toward the bottom of the unit. Repeat to make (4) 4½" square corner units.
4. Sew the 2½" x 5" Fabric B and C rectangles together along the long edge. Press seam toward Fabric C. Cut this unit across the seam line to make (2) 2½" x 4½" B/C units.





5. Sew a corner unit to each side of a B/C unit to make a 4½" x 10½" row. The Flying Geese blocks will both point down, and the B/C unit is oriented with Fabric C at the top. Repeat to make a second row.

6. Sew rows to the top and bottom of the 2½" x 10½" Fabric B rectangle to complete the 10½" square block. Note the orientation of the top and bottom rows; the Flying Geese should point toward the center of the block. Press seams open.

Share your finished block with us in the Quilting to Mend the Mind Facebook group!

BLOCK COLORING PAGE