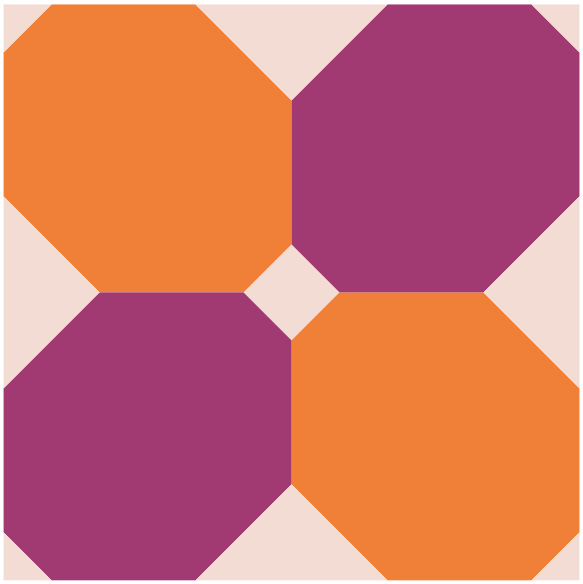
2023 Block of the Month Pattern

SUGAR & SPICE

BLOCK 1: JANUARY



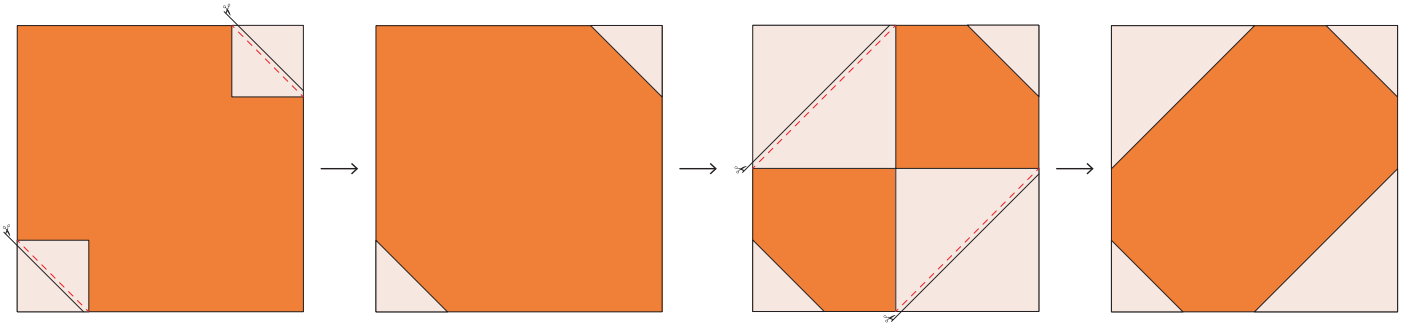
MATERIALS

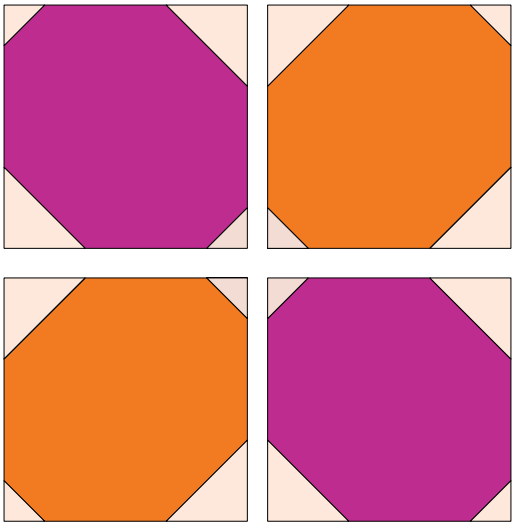
- Standard Sewing Supplies
- Fabric A
  - (8) 1¼" squares
  - (8) 2" squares
- Fabric C
  - (2) 5" squares
- Fabric E
  - (2) 5" squares

Unfinished Blocks: 9½" x 9½"
Finished Block: 9" x 9"

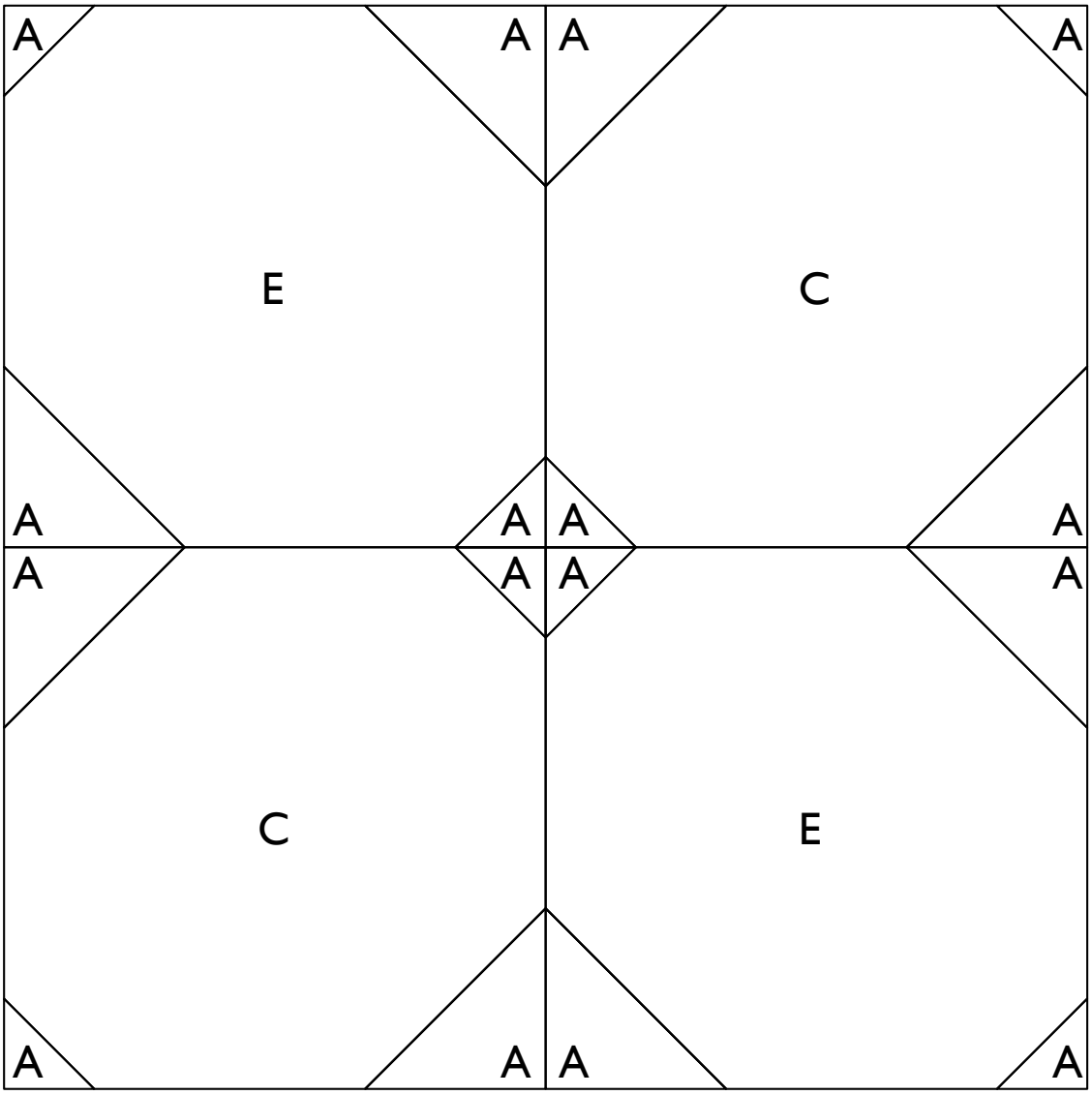
CREATE JANUARY BLOCK

1. Draw a diagonal line from corner to corner on the wrong side of all Fabric A squares.
2. Place a 1¼" Fabric A square RST on the upper right corner of a 5" Fabric C square.
3. Sew on the drawn line.
4. Trim ¼" outside of the sewn line and discard excess. Press the triangle toward the outside of the unit.
5. Repeat steps 2-4 to sew a 1¼" Fabric A square to the opposite (lower left) corner of the Fabric C square.
6. Repeat steps 2-4 to sew 2" Fabric A squares to the remaining two corners of the Fabric C square.





7. Repeat steps 2-6 to create a total of 2 Fabric C units and 2 Fabric E units.
8. Arrange units as shown. Sew units into rows, then sew rows together to complete the 9½" square block. Press all seams open.

Share your finished block with us in the **Quilting to Mend the Mind Facebook group!**

BLOCK COLORING PAGE